



The British Council for  
Therapeutic Interventions With  
Children Limited

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[www.bctiwc.org/](http://www.bctiwc.org/)

## Minutes of the Meeting held

Thursday March 22nd 2018 at 39, Elm Quay Court, London SW8

### Present:

Lorna Lewis (LL) – Chair  
Lynne Souter Anderson (LSA) – professional member  
Mandy Posnett (MP) – professional member  
Christine Truelove (CT) – lay member

### In attendance:

Monika Jephcott (MJ) PTUK  
Jeff Thomas (JT) PTUK

#### 1. Chair's opening remarks

Chair welcomed everyone to the meeting.

#### 2. Apologies for absence

Penny Smitherman has resigned from the Council due to work commitments associated with opening a nursery. A new lay member, Anna Doherty has agreed to join the Council.

#### 3. Conflict of Interest Declaration

LL reminded members of the requirement to declare any specific conflict of interest for agenda items. LSA declared membership of the BACP and National Counselling Society.

#### 4. Minutes of meeting held on 28.09.2017

These were agreed as a correct record.

#### 5. Matters arising

None

#### 6. PTUK Directors Report (MJ/JT)

JT reported that there were 2001 registrants at the date of the Council meeting. There has been a 9% attrition rate overall.

The Course Directors who were trained during Summer School, 2017 are pro-actively undertaking tasks, taking new initiatives and responding to new challenges in support of APAC and PTUK. We note the diversity of cultural backgrounds amongst the new Course Directors for training in 2018.

Christine Braithwaite, PSA Director of Standards and Policies, provided a sentence of support to the further development of the evidence base that PTUK has so far developed.

Finally JT/MJ spoke about their successful 3 month trip when they visited all the Asian venues and attended the conferences. They visited the training facilities in Kuala Lumpur, Hong Kong and Singapore. Lastly the highlight of their trip was their attendance at the Jakarta Conference which was attended by all 128 registrants who expressed their thanks to JT/MJ.

#### **7. PSA Re-accreditation Progress**

JT/MJ are still waiting for news on re-accreditation, all documents have been submitted. A new set of PSA procedures is being used, which so far, PTUK has found easier to use.

#### **8. All Party Parliamentary Group and the Green Paper Consultation on Children's Mental Health**

##### **a. Children and Young People's Mental Health Green Paper**

PTUK has responded in detail supporting the aspirations but expressed concern for the absence of any mention of regulation and practical details of implementation.

JT attended a meeting of the Accredited Registers Collaborative Group where the Green Paper was discussed including the requirement for 'evidence based practice'. JT feels that work is urgently required to agree criteria for what constitutes an adequate and relevant evidence base since the current medical model is not appropriate for psychological therapies. Only two organisations expressed interest in contributing.

##### **b) All Party Parliamentary Group for Children's Mental Health**

(Redacted statement)

#### **9. Financial Report**

LL reported on the balance at the bank and it was agreed that more money would be put into the account to cover 2018's estimated costs.

#### **10. BCTIWC Annual Report for PSA**

LL, MJ, and JT met with members of the PSA in December 2017 to discuss the report. It was well received and we were asked to follow it up with a similar report this year.

#### **11. Any other business**

MJ/JT are involved in 3 monthly discussions with the Chair and Deputy Chair of BAPT via Skype and are attending the BAPT Conference in March 2018. The Chair and Deputy Chair of BAPT have been invited to the PTUK Conference this year.

MJ/JT met a member of the Board of The Association of Christian Counsellors, who provided a useful contact for promulgating PTUK's evidence base.

Council congratulated JT on the publication of his paper, with Dr. Stephanie Lambert, entitled "Outcomes of Developing a Clinical Evidence Base for Play Therapy," published in the "International Journal of Play and Creative Arts Therapies Research". Council members believe it is a useful and helpful piece of research and all interested parties will benefit from its results and conclusions drawn from the evidence gathered over many years by PTUK and PTI registrants.

#### **12. Date of next meeting**

Monday 5 November 2018.

